Month JULY 2021 YEAR

Josie Blaisdell-Allen (715) 385-2617

## M T W T F S S 3 1 2 BBQ Chicken Corn on the Cob Baked Beans Cornbread Strawberry Shortcake Happy 4th 9 10 4 5 6 8 Beef Pot Pie Turkey Salad Lasagna Carrots, Potatoes, Peas Garlic Toast Fresh Fruit Fresh Fruit Salad Spinach Salad Banana Bread Cake Bars Sorbet 17 11 12 13 14 15 16 Roast Chicken Pork Marsala Stuffed Baked Cod Dumplings Corn & Peppers over Pasta Carrots Peas, Broccoli Salad Apple Raisin Salad Cornbread Cookies Cake Bars 18 Brunch 4 Lunch Sandwich 21 22 24 19 20 23

BLT on Homemade Bun

Corn on the Cob

Baked Wedge Fries

Brownies

Soup of the Day

Fish Sandwich

Potato Salad

Coleslaw

Pudding

28

27

Pork Steak Sandwich

Soup Baked French Fries

Cookies

Meatloaf

Mashed Potatoes

Gravy, Corn, Peppers

Fruit Salad

Crisp

29

30

31

**Boulder Beer Bar** 

Note: All meals served with fat free milk, whole grain rolls, bread with margarine.

Lighter substitute available in place of Main Entrée: Grilled Chicken Salad

26

Scrambled Eggs

Waffles

Ham Fruit

Pizzą Dąy

Pizza 7-Layer Salad

Ice Cream

25

Lunch Time 11:30